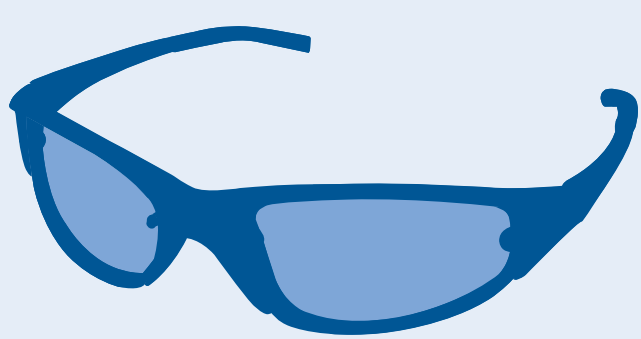


TWO ACTIONS WILL SHIELD AGAINST 90% OF EYE INJURIES:



- WEAR APPROPRIATE SAFETY AND PROTECTIVE EYEWEAR
- ENSURE THAT THE EYEWEAR IS LISTED ON THE AUTHORIZED PROTECTIVE EYEWEAR LIST (APEL), APPROVED BY THE DEPARTMENT OF DEFENSE

WHY APEL?

Authorized Protective Eyewear List (APEL) items are validated against military requirements for ballistic fragmentation and therefore provides the highest level of impact protection available. Other eyewear products, even if marked Industrial Eyewear Impact Standard compliant, do not necessarily ensure ballistic standards are maintained. APEL items are tested every two years.

Eyewear not on the APEL are not authorized for wear during combat, training or when there is a risk of impact injury to the eyes.

APEL ORDERING GUIDANCE

[HTTPS://PEOSOLDIER.ARMY.MIL/EQUIPMENT/EYEWEAR/](https://peosoldier.army.mil/equipment/eyewear/)

DO EVERYTHING YOU CAN TO SHIELD YOUR EYES AGAINST ACCIDENTS

ON-DUTY: WEAR APPROPRIATE SAFETY EYEWEAR OR DOD-APPROVED, APEL EYE PROTECTION IF YOU ARE...

- In training or as required by regulations, directives and orders
- Doing work or working around those producing particles, slivers or flying debris
- Spending time in an area with exposure to Ultraviolet Light (UV)

OFF-DUTY: PROACTIVE EYE SAFETY SERVES YOU ON- AND OFF-DUTY. REMEMBER TO WEAR EYE PROTECTION WHEN...

- Doing chores that potentially produce slivers, particles or flying debris (e.g., hammering, grinding, shop work, lawn and garden work)
- Playing sports (e.g., basketball, skiing, hunting, racquetball, etc.)
- Riding a bicycle or motorcycle
- Working with bungee cords
- Using household cleaning products or other chemicals



2ND Most Common Injury to OEF/OIF Service Members: **SERIOUS COMBAT EYE TRAUMA**

More than **2,000** eye injuries occur every day, and **100** of these injuries result in **one or more days of lost work.**



NEARLY **70%** OF EYE INJURIES
ARE CAUSED BY FALLING,
FLYING OR PROJECTILE OBJECTS