## FACT SHEET NMIS

## **NUTRITION MANAGEMENT INFORMATION SYSTEM**



NMIS is a Tri-Service automated information system that supports military hospital inpatient nutritional care and cafeteria services. Facilities use NMIS to manage nutritional information and production processes.

Dieticians and nutritional medicine personnel use NMIS for inventory management, to plan menus, forecast food and cost requirements, and conduct nutrient analysis. The system has data on preventive and therapeutic nutrition therapy for Defense Health Agency beneficiaries and promotes better health, better care, lower cost, and increased readiness.



## **Key Features**

- Supplies a range of data that supports overall system management down to individual meal planning
- Automates foods service production processes from bedside to assembly
- ► Flags gaps or key information such as missed orders, nutritional deficits, or food allergies

## **Key Benefits**

- Promotes standardization, accuracy and efficiency in the delivery of medical nutrition therapy and food service
- Allows customization of nutritional offerings to include dietary restrictions, patient likes and dislikes, and food allergies
- Streamlines operations and saves on per capita costs by reducing food waste and automating purchasing tasks