



NATIONAL MUSEUM OF HEALTH AND MEDICINE

# ANATOMY OF SPORTS

Play a sport? Learn how your body works and stay off the sidelines!

**SATURDAY, AUGUST 13, 2016**

**10:30 AM – 12:30 PM**

Bones and muscles need to work together for optimal performance. Athletes of all ages should know how their bodies work in order to compete and stay healthy. During ANATOMY OF SPORTS, athletes will demonstrate their sport while medical illustrators and physical therapists reveal how muscles and bones work together.

ANATOMY OF SPORTS is perfect for families with children playing sports, the recreational athlete or the practiced sports enthusiast. This program is free and open to the public!



**National Museum of Health and Medicine**

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